

ASSESSMENT AND PLANNING

CORE 3

November 2024

HARDER QUESTIONS ABOUT SEXUALITY

1. What did you learn about sexuality in your family and culture?
2. Is your sex life satisfactory?
3. What is your sexual orientation?
4. What gender do you identify?
5. How do you feel about your gender identity?
6. Have you ever been sexually abused or raped?
7. Do you have any issues around sexuality you wish to address in therapy?
8. Is there anything else you want me to know about your relationship to your sexuality?

BIAS AND INTERSECTIONALITY CONSIDERATIONS

- Inquire about cultural / familial images around sexuality
- Be aware of your bias and open to what you don't know
- Bring curiosity
- Consider Cultural implications
- Assess your cultural competency