


**REGISTRATION & RELEASE FORM**

 <p><b>connect, refresh &amp; restore</b> AN IN-PERSON WEEKEND RETREAT FOR COUPLES</p>	<p><b>Please list best dates and times to schedule registration interviews.</b> <i>(Both participants must be present.)</i></p> <div style="border: 1px solid black; height: 40px; margin-top: 10px;"></div>	<p><b>Please list the location and date you want to attend.</b></p>
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**CONTACT INFORMATION – PARTNER A** *fields marked with an \* are optional*

Today's Date		Client Date of Birth	
Name	(First)	(Middle)	(Last) (Preferred)
Legal Guardian Name (if minor)			
Street Address			
City	State	Zip	
Home Phone	May we leave message?		Yes / No
Cell Phone	May we leave message?		Yes / No
	May we text you?		Yes / No
Work Phone	May we leave message?		Yes / No
Email	May we email you?		Yes / No
Emergency Contact	Phone		Relation
*Race	*Religion / Spirituality		
*Gender	*Pronouns		
*Sexuality	*Learning / Physical Ability Challenges		
*Additional personal / cultural identifiers you would like me to know			

**CONTACT INFORMATION – PARTNER B** *fields marked with an \* are optional*

Today's Date		Client Date of Birth	
Name	(First)	(Middle)	(Last) (Preferred)
Street Address			
City	State	Zip	
Home Phone	May we leave message?		Yes / No
Cell Phone	May we leave message?		Yes / No
	May we text you?		Yes / No
Work Phone	May we leave message?		Yes / No
Email	May we email you?		Yes / No
Preferred method of communication?			
Emergency Contact	Phone		Relation
*Race	*Religion / Spirituality		
*Gender	*Pronouns		
*Sexuality	*Learning / Physical Ability Challenges		
*Additional personal / cultural identifiers you would like me to know			

How long have you been in your relationship?	
What is the current status of your relationship and what do hope to gain from attending this retreat?	

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## PARTICIPATION & REGISTRATION

You acknowledge that participation in this retreat is voluntary. You also agree that by registering that you are committed to participate in all scheduled retreat times. In order to reserve your space a non-refundable deposit must be received upon completion of the registration interview. The deposit amount is \$300. The remaining balance of \$595 is due 2 weeks prior to the retreat. This is a non-residential retreat. Participants are responsible for their own food and lodging. An interview is required to register for this retreat. The facilitators reserve the right to not admit participants who they deem not suitable to participate.

## THE PROCESS

The primary modalities used are Core Energetics, Imago and Gottman. Core Energetics is grounded in modern approaches to mind/body healing and body-centered methodologies. The goal of the work is to increase authenticity, self-knowledge, groundedness, personal empowerment, honest communication & the experience of living with a deeper sense of embodiment and an open-heart. The process is both a body-centered transformational modality and for many spiritual. Core Energetics involves physical expressions that deepen the client's contact with their own life-force and deeper levels of feelings through the opening of areas of blocked/or held energy in the body, and opens the client to a fuller experience of their emotional truth. Imago and Gottman methods are specific modalities used in working with couples.

## RECORDING

Portions of the workshop will be recorded. The recordings will only be used in supervision with Imago teachers. By participating in the workshop, you grant David deBardelaben-Phillips and Clare Carr the right to:

1. Record your likeness (still and moving images) during workshop sessions.
2. Record your voice during interactive sessions, discussions, and Q&A portions.

## RELEASE OF LIABILITY / LIMITS OF PRACTICE

As you enter this exciting transformational experience, I want you to be informed about the following:

- Core Energetics, Imago and Gottman methods are not a form of medical treatment, nor in the category of traditional psychotherapy or counseling. As such we do not claim that Core Energetics be used as a substitute for any of these. If you are considering working with a psychologist, psychiatrist, psychotherapist, or counselor, you are certainly welcome to discuss this decision with us; however the decision is entirely up to you.
- Participation can bring up unwanted personal feelings. For some people, the work may elicit emotional, physical, or spiritual changes that may be uncomfortable, disturbing and/or surprising.
- You must be aware that movement of any form may create a certain risk of physical injury (accidents or physical strain) and/or emotional distress. You must be willing to assume this risk personally.
- You will be fully responsible and are free to refuse any intervention at any time.
- You understand there will be physical contact, and you may be touched. Touch is therapeutic and non-sexual.
- You understand there are no guarantees in the work. Emotional imbalances, life struggles, or physical conditions MAY or MAY NOT change or disappear as a result of our work.
- You are aware that David & Bentley deBardelaben-Phillips & Clare are not licensed mental health providers. David and Clare are Certified Core Energetics Practitioners. David is a Certified Imago Professional Facilitator and has completed Gottman Level 1 training. Bentley is a Certified Exceptional Relationship Mentor.
- You will not use and be under the influence of alcohol or drugs in a session.
- Your confidentiality will be completely respected and honored.

By signing this form, you accept & agree to the above statements, & you release David deBardelaben-Phillips of David Phillips & Associates LLC, Bentley deBardelaben-Phillips, & Clare Carr from all legal liability, & you also voluntarily consent to participate in the process.

Print Name Partner A			
Signature		Date	

Print Name Partner B			
Signature		Date	