

CONTACT INFORMATION
*fields marked with an * are optional*

Today's Date				Client Date of Birth	
Name	(First)	(Middle)	(Last)	(Preferred)	
Legal Guardian Name (if minor)					
Street Address					
City		State		Zip	
Home Phone				May we leave message?	Yes / No
Cell Phone				May we leave message?	Yes / No
				May we text you?	Yes / No
Work Phone				May we leave message?	Yes / No
Email				May we email you?	Yes / No
Preferred method of communication?					
Emergency Contact				Phone	Relation
*Race				*Religion / Spirituality	
*Gender				*Pronouns	
*Sexuality				*Learning / Physical Ability Challenges	
*Additional personal / cultural identifiers you would like me to know					

THE PROCESS

The primary modalities used are Core Energetics and Reiki. The use of Reiki helps clients ground & assists with chakra alignment. Core Energetics is grounded in modern approaches to mind/body healing and body-centered methodologies. The goal of the work is to increase authenticity, self-knowledge, groundedness, personal empowerment, honest communication & the experience of living with a deeper sense of embodiment and an open-heart. The process is both a body-centered transformational modality and for many spiritual. Core Energetics involves physical expressions that deepen the client's contact with their own life-force and deeper levels of feelings through the opening of areas of blocked/or held energy in the body, and opens the client to a fuller experience of their emotional truth.

RELEASE OF LIABILITY / LIMITS OF PRACTICE

As you enter this exciting transformational experience, I want you to be informed about the following:

- Core Energetics is not a form of medical treatment, nor is it in the category of traditional psychotherapy or counseling. As such I do not claim that Core Energetics be used as a substitute for any of these. If you are considering working with a psychologist, psychiatrist, psychotherapist, or counselor, you are certainly welcome to discuss this decision with me; however the decision is entirely up to you.
- Core Energetics process work can bring up unwanted personal feelings. For some people, the work may elicit emotional, physical, or spiritual changes that may be uncomfortable, disturbing and/or surprising.
- You must be aware that movement of any form may create a certain risk of physical injury (accidents or physical strain) and/or emotional distress. You must be willing to assume this risk personally.
- You will be fully responsible and are free to refuse any intervention at any time.
- You understand there will be physical contact, and you will be touched. Touch is therapeutic and non-sexual.
- You understand there are no guarantees in the work. Emotional imbalances, life struggles, or physical conditions MAY or MAY NOT change or disappear as a result of our work.
- You are aware that David & Bentley deBardelaben-Phillips & Tristan Avery are not a licensed mental health providers. David and Tristan are Certified Core Energetics Practitioners. Bentley is a Certified Exceptional Relationship Mentor.
- You will not use and be under the influence of alcohol or drugs in a session.
- Your confidentiality will be completely respected and honored.

By signing this form, you accept & agree to the above statements, & you release David deBardelaben-Phillips of David Phillips & Associates LLC, Bentley deBardelaben-Phillips, & Tristan Avery from all legal liability, & you also voluntarily consent to participate in the process.

Print Name			
Signature		Date	